



# WAKE EAR, NOSE AND THROAT SPECIALISTS & WAKE SINUS CENTER

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wakeent.com



#### FRIENDLY AND CARING STAFF

Wake Ear, Nose and Throat (ENT) Specialists is an Otolaryngology practice where every employee believes in the total care of the patient. Many patients have told us that we have the friendliest and most caring staff around, and that makes us very proud! Our clinic is the vision of Dr. Pankaj Gupta. In 2010, he started Wake ENT Specialists to offer patients the opportunity to minimize office visits and be under the care of just one physician for all ENT concerns. We handle all aspects of ENT care, including allergy testing and treatment, sinus CT scanning and surgical intervention. The practice also features a hearing center for our patients with hearing loss and/or tinnitus.

Dr. Gupta graduated from the nationally recognized Honors Program in Medical Education (HPME) from Northwestern University in Chicago. He then completed his residency in otolaryngology, also at

Northwestern. Dr. Gupta has been practicing as a board-certified otolaryngologist since 1997. His patients appreciate the time, attention and thoughtful care he provides.

Dr. Casey Polcari graduated from the Long Island Au.D. Consortium which is comprised of Adelphi, St. John's and Hofstra universities. She works closely with her patients and has built trusting relationships since she sees many of them on a regular basis for routine checks. Dr. Polcari works in conjunction with Dr. Gupta to determine whether patients' hearing issues require medical care, or if it may be resolved with hearing devices or alternate accessories. For our hearing loss and tinnitus patients who require hearing technology, Dr. Polcari offers hearing consultations at no charge to review available options.

You can learn more about us at www. WakeENT.com, or call (919) 851-5636, ext. 1 to make an appointment.



## **SYMPTOMS OF CORONAVIRUS DISEASE 2019**

Patients with COVID-19 have experienced mild to severe respiratory illness.



**FEVER** 

COUGH



\*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

SHORTNESS OF BREATH



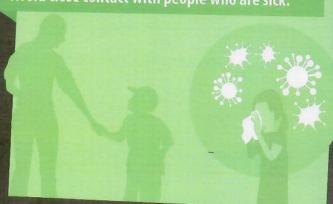
For more information: www.cdc.gov/COVID19-symptoms



## STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds



For more information: www.cdc.gov/COVID19



### DETENGA LA PROPAGACIÓN DE LOS MICROBIOS

Ayude a prevenir la propagación de virus respiratorios como el nuevo COVID-19.

Evite el contacto cercano con las personas enfermas.



Cúbrase la nariz y la boca con un pañuelo desechable al toser o estornudar y luego bótelo a la basura.



Evite tocarse los ojos, la nariz y la boca.

Limpie y desinfecte los objetos y las superficies que se tocan frecuentemente



Quédese en casa si está enfermo, excepto para buscar atención médica.



C

Lávese las manos frecuentemente con agua y jabón por al menos 20 segundos.



Para obtener más información: www.cdc.gov/COVID19-es